



TIRTA SPA
by Cemara Ayu



∞ SPA GUIDELINES ∞

Is it necessary for me to reserve my treatment?

Yes, you may phone or visit the spa for your treatment reservation at your earliest convenience to avoid any disappointment. If you are an in house guest, please dial spa extension between 10:00 am to 9:00 pm.

How early should I arrive?

Guests are recommended to arrive 15 minutes before their treatments to check in and relax. Guests who arrive late will limit the time for their treatments, thus lessening their effectiveness and pleasure. Your treatment will have to end on time in order that the next guest is not delayed.

What if I have a health concern?

We would appreciate if you could notify our reception or manager on duty before reservation is made. If you have any concern on high blood pressure, allergies, or other physical illness/disabilities, it is important that you let us know.

Can I enjoy a spa treatment if I am pregnant?

Our spa manager/receptionist on duty will advise you on the treatments that are safe to enjoy during pregnancy.

What do I wear during treatment?

We will provide you with hygienic disposable briefs, however, should you prefer to wear your own bikini/brief, you are welcomed to. During treatment, our therapist will perform draping techniques to ensure your privacy.

What about my valuables?

We suggest that you leave your valuables in the hotel safe for peace of mind to enjoy your treatments as we cannot be held liable for any loss.

Can I cancel my reservations?

The treatments you select are reserved especially for you. Should you wish to cancel them, please notify us minimum of 6 hours prior to the appointment to avoid a 50 % cancellation fee.

What are others important points I should consider?

A tranquil, relaxed and quiet atmosphere adds to a spa's ambience. We would appreciate if you keep your voice down and turn off all cellular phones and pagers. While we respect your need to smoke, we regret to have to inform you that the spa is a smoke free zone.

What mode of payment can I use?

In house Guests may charge their spa services to their hotel bills. However, we also accept cash and all major credit cards.

BODY MASSAGES

Tirta Spa Signature Massage

60 mins

RM 214.60 nett

Designed to combine a body moisturizing treatment and massage through one application. Guests will enjoy the coarse feeling of the candle nut scrub applied on your body using Balinese long strokes and thumb pressure massage technique. This treatment offers deep massage relaxing effect moisturizes and cleans your skin.

Urutan Malaysia - Malaysian Signature Massage

90 mins

RM 295.80 nett

It begin with jasmine, lime kaffir and pandan footsoak, while Qi Gong breathing and Indian head massage is performed, designed to offer cultural rich combination of massages, Malay deep pressure, Indian head massage, as well as the Indigenous, using long stroke, thumb and palm pressure techniques. Herbal Malaysian oils are used, to ensure complete experience. The firm touch of the therapist improves the circulatory, lymphatic, muscular and nervous systems.

Balinese Massage

60 mins

RM 197.20 nett

90 mins

RM 295.80 nett

The most relaxing Balinese Massage, a combination of stretching, long strokes, skin rolling, as well as palm and thumb pressure techniques. The deep penetration of blended pure essential oil, heightened by the firm but gentle touch of the therapist improves the circulatory, lymphatic, muscular and nervous systems.

Warm Stone Massage

90 mins

RM 295.80 nett

A hand-picked century rocks, warmed to a certain temperature, placed on the body points and glides across your body in long, flowing strokes. This body therapy is designed to relieve stiffness and restore energy and balance.

Deep Pressure Massage

60 mins

RM 197.20 nett

It is believed that by applying pressure to specific points of the body, optimal circulation can be achieved. This massage does not need oil instead stretching, an ancient pressure point technique is used. It will leave the body with a feeling of well-being and balance.

Foot Massage

30 mins

RM 106.00 nett

60 mins

RM 197.20 nett

Based on ancient therapeutic principles of reflexology, this foot massage will help to release toxins and restore the body's energy flow. Enjoy the alpha crystal scrub on the feet with a spiced warm wrap on one foot, while the therapist works her magic on the other foot.

∞ BODY TREATMENT ∞

Body Scrubs

50 mins

RM 174.00 nett

∞ **Flower Energy Scrub**

This scrub is a synergistic blend of indigenous ylang-ylang and rose flower petals with a soya base powder, produced especially for those who care about skin beauty. It provides a deep exfoliation and evens the skin tone up while beautifying the body to bring a new sense of balance and harmony to the mind and senses.

∞ **Royal Javanese Lulur**

Made from rice powder, white turmeric and cinnamon, this well known Javanese Royal Court beauty ritual will soften, refine and rejuvenate the skin. Turmeric is believed to be an antiseptic and anti-aging. The ritual will conclude with moisturizing of the skin with fermented milk.

∞ **Borneo Coffee Scrub**

This rich aromatic scrub made from a blend of finely grounded coffee and rice powder scented with pandan and kaffir lime smoothens the skin and elevates one's mood.

∞ **Pineapple Scrub**

Brightening and rich with Vitamin C body exfoliation helps to remove your dead skin and encourage the growth of young and healthier skin cell. Made of only the freshest ingredients that will leave you with healthy and glowing skin.

∞ **Himalayan Salt Glow**

This deeply exfoliating treatment blends mineral rich salt with rose water. Applied using small circular strokes, it removes dead skin, while improves blood circulation, helps eliminate toxins and moisturizes the skin.

Body Wraps

50 mins

RM 197.20 nett

Seven Spices Wrap (Balinese Boreh)

Designed to heal the body and bring a new sense of comfort. This Seven spices warm wrap concocted with a blend of local herbs and spices brings effective relief to cold, headaches and muscle aches. It is suitable during cold weather and rainy seasons. The warm body will be cooled down with special cucumber mild conditioner.

Detoxifying Seaweed Body Wrap

One of the most beneficial body wrap, it helps to remove toxin and promote relaxation. It reduces cellulite and firm up your skin. You will feel a smoother and softer skin after just one treatment.

All prices are inclusive of Good and Service Tax 6%

∞ TIRTA DEWI FACIAL ∞

60 mins

RM 209.00 nett

Vital Nutrition

Specially designed for skin that lost or lack its elasticity, encourages the grow of the new sell and nourish the skin. To ensure continues freshness and naturally aging skin.

White and Clear

This high performance lightening treatment is recommended to brighten your skin. A skin peeling treatment will be performed and ended by a lightening mask to give you an immediate effect.

Age Repair

Recommended for mature skin type, The Goddess of all facial will treat your mature skin and will reduce the wrinkle on your tired skin. An immediate glow can be seen minutes after your treatment is completed.

∞ MANICURE & ∞ PEDICURE

(Available at Telaga Bunga Spa Only)

*Our hand and foot pampering
Includes an aromatherapy hand or foot soak,
traditional nail care, cuticle stimulation, nail polish
and an unforgettable and relaxing hand
or lower leg massage*

*A free rejuvenating foot mask comes along
with our Spa Pedicure*

<i>Spa Manicure</i>	<i>50 mins</i>	<i>RM 81.20 nett</i>
<i>Spa Pedicure</i>	<i>60 mins</i>	<i>RM 92.80 nett</i>
<i>French Manicure</i>	<i>60 mins</i>	<i>RM 92.80 nett</i>

∞ BATHS ∞

30 mins

RM 60.00 nett

- ~ Herbal Bath*
- ~ Flower Bath*
- ~ Milk Bath*

All prices are inclusive of Good and Service Tax 6%

∞ SPA PACKAGES ∞

Tirta Rama

90 mins

RM 295.90 nett

An aromatherapy footbath ceremony followed by a 20 minutes herbal bath and concludes with a choice of traditional massage or skin repair facial treatment.

Kidung Kasih

90 mins

RM 295.90 nett

Pamper yourself with our most relaxing aromatherapy traditional massages followed by a refreshing facial. Detail cleansing, massaging on the face ended by face mask to tighten and prevent wrinkles.

Irama Syurga

120 mins

RM 394.40 nett

Designed to purify your inner and outer self. Your selection of exfoliating body scrub is performed after a foot bath, pampering continues with a warm romantic flower bath and the experience concludes with a totally relaxing body massage.

Taman Kasih

150 mins

RM 495.00 nett

Immerse yourself in a total spa experience with this beautifully arranged series of treatments. Begin your journey with a deep cleansing body scrub followed by a warm rejuvenating aromatherapy floral or herbal bath. Next, enjoy the relaxing Traditional Massage and conclude with a refreshing facial.

Tirta Spa Luxury

240 mins

RM 990.00 nett

The ultimate spa experience created for total pampering. Enjoy a luxurious and unforgettable experience that begin with a feet pampering ceremony, followed by body exfoliation. Then, indulge in a warm herbal bath. Your pampering continues with a choice of warm Jade Massage or 90 minutes Balinese Massage that leaves you with a deep sense of contentment. You will be treated thereafter to the optimal Aloe Vera facial using state of the art skincare from Biokos once you are ready. The relaxation journey will be completed with a detoxifying freshly prepared fruit juice.

All prices are inclusive of Good and Service Tax 6%





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